

Overview Year 2 Personal, Social, Health, Sex and Relationships

Weekly Celebration	Pieces & Vocabulary	PSHE learning intention	Social and emotional development learning intention
Understand that everyone is unique and special	1. Life Cycles in Nature <ul style="list-style-type: none"> ● <i>Change</i> ● <i>Grow</i> ● <i>Life cycle</i> ● <i>Control</i> ● <i>Baby</i> ● <i>Adult</i> ● <i>Fully grown</i> 	I can recognise cycles of life in nature	I understand there are some changes that are outside my control and can recognise how I feel about this
Can express how they feel when change happens	2. Growing from Young to Old <ul style="list-style-type: none"> ● <i>Growing up</i> ● <i>Old</i> ● <i>Young</i> ● <i>Change</i> ● <i>Respect</i> ● <i>Appearance</i> ● <i>Physical</i> 	I can tell you about the natural process of growing from young to old and understand that this is not in my control	I can identify people I respect who are older than me
Understand and respect the changes that they see in themselves	3. The Changing Me <ul style="list-style-type: none"> ● <i>Baby</i> ● <i>Toddler</i> ● <i>Child</i> ● <i>Teenager</i> ● <i>Adult</i> ● <i>Independent</i> ● <i>Timeline</i> 	I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old	I feel proud about becoming more independent

	<ul style="list-style-type: none"> • <i>Freedom</i> • <i>Responsibilities</i> 		
Understand and respect the changes that they see in other people	<p>4. Boys' and Girls' Bodies</p> <ul style="list-style-type: none"> • <i>Male</i> • <i>Female</i> • <i>Penis</i> • <i>Testicles</i> • <i>Vulva</i> • <i>Vagina</i> • <i>Anus</i> • <i>Public</i> • <i>Private</i> 	I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vulva, vagina, anus) and appreciate that some parts of my body are private	I can tell you what I like/don't like about being a boy/girl
Know who to ask for help if they are worried about change	<p>5. Assertiveness</p> <ul style="list-style-type: none"> • <i>Touch</i> • <i>Texture</i> • <i>Cuddle</i> • <i>Hug</i> • <i>Squeeze</i> • <i>Like</i> • <i>Dislike</i> • <i>Comfortable</i> • <i>Uncomfortable</i> 	I understand there are different types of touch and can tell you which ones I like and don't like	I am confident to say what I like and don't like and can ask for help
Are looking forward to change	<p>6. Looking Ahead</p> <ul style="list-style-type: none"> • <i>Change</i> • <i>Looking forward</i> • <i>Excited</i> 	I can identify what I am looking forward to when I move to my next class	I can start to think about changes I will make when I am in my next class and know how to go about this

- *Nervous*
- *Anxious*
- *Happy*

Assessment Opportunity