

Nursery Overview Personal, Social, Healthy, Sex and Relationships

Weekly Celebration	Pieces & Vocabulary	PSHE learning intention
Understand that everyone is unique and special	1. My Body	I can name parts of my body and show respect for myself
Can express how they feel when change happens	2. Respecting My Body	I can tell you some things I can do and some food I can eat to be healthy
Understand and respect the changes that they see in themselves	3. Growing Up	I understand that we all start as babies and grow into children and then adults
Understand and respect the changes that they see in other people	4. Growth and Change	I know that I grow and change
Know who to ask for help if they are worried about change	5. Fun and Fears	I can talk about how I feel moving to School from Nursery
Are looking forward to change	6. Celebration	I can remember some fun things about Nursery this year