

## Reception Overview Personal, Social, Healthy, Sex and Relationships

<b>Weekly Celebration</b>	<b>Pieces &amp; Vocabulary</b>	<b>PSHE learning intention</b>
<b>Understand that everyone is unique and special</b>	1. My Body	I can name parts of the body
<b>Can express how they feel when change happens</b>	2. Respecting My Body	I can tell you some things I can do and foods I can eat to be healthy
<b>Understand and respect the changes that they see in themselves</b>	3. Growing Up	I understand that we all grow from babies to adults
<b>Understand and respect the changes that they see in other people</b>	4. Fun and Fears Part 1	I can express how I feel about moving to Year 1
<b>Know who to ask for help if they are worried about change</b>	5. Fun and Fears Part 2	I can talk about my worries and/or the things I am looking forward to about being in Year 1
<b>Are looking forward to change</b>	6. Celebration	I can share my memories of the best bits of this year in Reception